

3rd Annual Central Karate Louisiana Battle in the Bayou Tournament

Saturday, January 26, 2019

Life Tabernacle Church

9323 Hooper Road

Baton Rouge, Louisiana 70818



Fees

Flat Entry fee for unlimited events

Pre-Registered by January 11th \$35

After January 11th \$45

Team Forms (Green & up) \$10

Boards (3 pieces per set)* \$10

**Additional boards may be purchased for \$3 per board*

Registration

Online registration only

Registration available at www.centrankaratela.com . No registrations will be taken at the door. The last day to register is Thursday, January 24th at 5:00pm. No refunds for cancellations or no shows.

Schedule of Events

8:00am Check-in

8:30am Judges Meeting (Black Belts, please be prepared to help with judging)

9:00am Opening Ceremony

9:30am Black Belt Forms & All Team Forms

10:30am Colored Belt Divisions will immediately follow

Safety Equipment

Mandatory sparring equipment **REQUIRED** for ALL Competitors. Foam sparring equipment only. (Cloth shin pads may be worn) Minimum required equipment is foam hand, foot, and head gear, mouthpiece, and protective cups for boys/men.

Medals

Medals will be awarded for each division for 1st, 2nd, & 3rd place. Medals will be awarded for all places for children 7 and under.