

Green Belt
Combination Basics

1. Ha Dan Mah Ko Tora Choong Dan Kong Kyuk	1. Low Block (front stance) Reverse Middle Punch (front stance)
2. Choong Dan Kong Kyuk Tora Choong Dan Kong Kyuk	2. Middle Punch (front stance) Reverse Middle Punch (front stance)
3. Choong Dan Wheng Jin Kong Kyuk Hugul Yup Mah Kee	3. Side Punch (horse stance) Side Block (back stance)
4. Chungul Sang Soo Mah Ko Tora Choong Dan Kong Kyuk	4. Two-fisted Middle Block (front stance) Reverse Middle Punch (front stance)
5. Ha Dan Soo Do Mah Ko Tora Kwan Soo Kong Kyuk	5. Low Knife Hand Block (back stance) Reverse Spear Hand Attack (front stance)
6. Pahkeso Ahneru Mahko Tora Pahkeso Ahneru Mah Kee	6. Outside to In Block (front stance) Reverse Outside to In Block (front stance)
7. Yuk Soo Kong Kyuk Choong Dan Soo Do Mah Kee	7. Defensive Punch (side stance) Middle Knife Hand Block (back stance)
8. Dwi Cha Go Sang Dan Mah Kee	8. Back Kick (front stance) High Block (front stance)
9. Ahp Cha Go Dull Ryo Cha Gi	9. Front Kick (front stance) Round Kick (front stance)
10. Dull Ryo Yup Cha Go Dwi Cha Gi	10. Side Kick (front stance) Back Kick (front stance)
11. Dull Ryo Cha Go Ee Dan Ahp Cha Gi	11. Round Kick (front stance) Front Jump Kick (front stance)
12. Ahp Cha Go Ee Dan Yup Cha Gi	12. Front Kick (front stance) Jumping Side Kick (horse stance)