

PTSDA Karate Orange Belt Terminology Requirements

1. What are at least two meanings of Pyong Ahn? **(ITF Manual)**
2. Who created the Pyong Ahn forms and in what year? **(Master Ahnko Itosu 1901)**
3. What years were the Pyong Ahn forms presented? **(1905-1909)**
4. Why were the Pyong Ahn created? **(to help instill discipline, respect, and defense for the children in Okinawa) (**
5. What animal represents the Pyong Ahn Forms? **(Turtle)**
6. What is the translation of “Soo Do”? **(ITF Manual)**
7. What is the translation of “Sang Soo”? **(ITF Manual)**
8. What do the symbols represent on the South Korean flag? **(ITF Manual)**
9. What do the colors represent on the American flag? **(ITF Manual)**
10. What do the symbols represent on the the ITF flag? **(ITF Manual)**