




**PTSDA Karate**

2500 West 9 Mile Road, Pensacola, FL 32534

www.ptsda.com

478-0680

# JUNE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Respect					1	2 <b>T-Shirt Day!</b> <i>Wear a shirt &amp; bring a color safe marker</i> Competition Team Practice 10-11am
Giving	4 A B C's of Tang Soo Do	5 One-Step Sparring, Sparring Drills, Sparring	6 	7 Review to Improve	8	9 Sparring & Competition  10-11am
Endurance	11 Kicking Class! 	12 Weapon Class 	13 Review to Improve	14 Forms & Sparring	15	16 Sparring & Competition  10-11am
Courage	18 More Purpose Forms	19 Review to Improve	20 Practical Self Defense Board Order Deadline	21 Breaking! 	22	23 Sparring & Competition  10-11am
Etiquette	25 Tiny Tiger Stripe Day Review to Improve	26 Bag & Pad Training	27 Tiny Tiger Stripe Day Blindfold Class	28 Self Defense & One-Step Sparring	29	30 Forms & Sparring Competition Team Practice 10-11am

## CLASS SCHEDULE

### Tiny Tiger (4-6 yrs)

Mon & Wed	4:20-4:50pm
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### White Belts

Mon & Wed	5-5:45pm
Tues & Thurs	11am – 12pm, 5:50-6:35pm
Sat	9-10am

### Yellow Belts

Mon & Wed	5-5:45pm
Tues & Thurs	11am-12pm, 5:50-6:35pm
Sat	9-10am

### Orange Belts

Mon & Wed	5-5:45pm
Tues	11am-12pm, 5:50-6:35pm
Thurs	11am – 12pm, 5-5:45pm
Sat	9-10am

### Green Belts

Mon & Wed	5:50-6:35pm
Tues & Thurs	11am – 12pm, 5-5:45pm
Sat	9-10am

### Red & Blue Belts

Mon & Wed	5:50-6:35pm
Tues	11am – 12pm, 5-5:45pm
Thurs	11am – 12pm, 6:40-7:25pm
Sat	9-10am

### Black Belt & Masters

Mon	6:40-8pm
Tues	11am – 12pm, 5-5:45pm
Wed	5:50-6:35pm
Thurs	11am – 12pm, 6:40-7:25pm
Sat	9-10am