



**PTSDA Karate**  
 2500 West 9 Mile Road, Pensacola, FL 32534  
 www.ptsda.com 478-0680

# AUGUST

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Kindness			1 Board Order Deadline <b>Family Day</b> 	2 Breaking! 	3	4 Forms & Sparring (9am)  Competition Team Practice (10am)
Martial Artist	6 <b>Pre-Test #1</b> <i>Be in attendance to see if you qualify to test for your next rank.</i>	7 Test Review	8 <b>Pre-Test #2</b> <i>Be in attendance to see if you qualify to test for your next rank.</i>	9 Test Review Green – Blue Belt Exam Option #1 (3pm)	10 White – Orange Belt Exam Option #1 (3pm)  Green – Blue Belt Exam Option #2 (6pm)	11 White – Orange Belt Exam Option #2 (9am)
Flexibility	<b>New Requirements Week!</b> <i>Be in class to learn new requirements or review through old requirements.</i>					18 Sparring (9am)  <b>Black Belt Club</b> (10am)
Growth	20 Basics, Forms, Sparring	21 Forms, Sparring, Self Defense	22 Kicking Class 	23 Review to Improve	24	25 Sparring (9am)  <b>Black Belt Club</b> (10am)
Responsibility	27 Tiger Stripe Eval Review to Improve	28 Blindfold Class	29 Tiger Stripe Eval Weapon Class Nunchaku & Staff	30 <b>Belt Promotions</b> @ PTSDA Karate (during class time) <i>Short class afterward.</i>	31	1 Sparring (9am)  <b>Black Belt Club</b> (10am)

## CLASS SCHEDULE

### Tiny Tiger (4-6 yrs)

Mon & Wed	4:20-4:50pm
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### White & Yellow Belts

Mon	5-5:45pm
Tues	11am – 12pm, 5:50-6:35pm
Wed	5-5:45pm
Thurs	11am – 12pm, 5:50-6:35pm
Sat	9-10am

### Orange Belts

Mon	5-5:45pm
Tues	11am-12pm, 5:50-6:35pm
Wed	5-5:45pm
Thurs	11am – 12pm, 5-5:45pm
Sat	9-10am

### Green Belts

Mon	5:50-6:35pm
Tues	11am – 12pm, 5-5:45pm
Wed	5:50-6:35pm
Thurs	11am – 12pm, 5-5:45pm
Sat	9-10am

### Red & Blue Belts

Mon	5:50-6:35pm
Tues	11am – 12pm, 5-5:45pm
Wed	5:50-6:35pm
Thurs	11am – 12pm, 6:40-7:25pm
Sat	9-10am

### Black Belt & Masters

Mon	6:40-8pm
Tues	11am – 12pm, 5-5:45pm
Wed	5:50-6:35pm
Thurs	11am – 12pm, 6:40-7:25pm
Sat	9-10am