



GREEN BELT TERMINOLOGY



1. *What is the season of the Green Belt?* **Spring**
2. *What does Kiahp mean?* **“Spirit Breath” – Yell**
3. *What are the Korean words for low, middle and high area?*

Low Area	Ha Dan
Middle Area	Choong Dan
High Area	Sang Dan

4. *What is the Korean word for courage?* **Yong Gi**
5. *What year was the PTSDA started?* **1996**
6. *What is the translation of “Chung Jik”?* **Honesty**
7. *What is the translation of “Choong Shim”?* **Balance**
8. *Show and explain one application of your form.*
9. *What is the Korean word for Spear Hand?* **Kwan Soo**
10. *Give one Basic Tang Soo Do Etiquette rule.*

Etiquette rules can be found in your ITF Manual.