



# ORANGE BELT TERMINOLOGY



1. *What does Pyong Ahn mean?*

PYONG	AHN
Well-balanced	Safe
Calm	Confident
Peaceful	Comfortable

2. *Who created the Pyong Ahn Forms? **Anko Itosu***
3. *What animal represents the Pyong Ahn Forms? **Turtle***
4. *What year were the Pyong Ahn Forms created? **1901***
5. *What years were the Pyong Ahn Forms presented? **1905-1909***
6. *What is the translation of “Soo Do”? **Knife Hand***
7. *What is the translation of “Sang Soo”? **Two Fisted***
8. *Study the meanings of the USA Flag.*

**Information can be found in your ITF Manual.**

9. *Study the meanings of the Korean Flag.*

**Information can be found in your ITF Manual.**

10. *Study the meanings of the ITF Flag.*

**Information can be found in your ITF Manual.**