



WHITE BELT TERMINOLOGY



1. What is the Name of the Martial Art you are studying? **Tang Soo Do**
2. Who is the founder of the ITF? **Choong Jae Nim C.S. Kim**
3. What are the Korean words for Uniform & Belt? **Dobok & Dee**
4. What is the Korean word for the Training Area? **Dojang**
5. Count (Korean) from 1-25

1 Hana	6 Yosut	11 Yole Hana	16 Yole Yosut	21 Sumul Hana
2 Dul	7 Ill Gup	12 Yole Dul	17 Yole Ill Gup	22 Sumul Dul
3 Set	8 Yodul	13 Yole Set	18 Yole Yodul	23 Sumul Set
4 Net	9 lhop	14 Yole Net	19 Yole lhop	24 Sumul Net
5 Dosut	10 Yole	15 Yole Dosut	20 Sumul	25 Sumul Dosut

6. What is the Season of the White Belt? **Winter**
7. What is the name of your Form? **Giecho Hyung Ill Bo (Basic Form #1)**
8. Name one stance in Korean?

Ready Stance	Choon Bee	Horse Stance	Kee Mah Jaseh
Front Stance	Chungul Jaseh	Back Stance	Hugul Jaseh

9. What are the four Blocks and Kicks in Korean?

Low Block	Ha Dan Mah Kee	Front Kick	Ahp Cha Gee
High Block	Sang Dan Mah Kee	Round Kick	Dolyu Cha Gee
Inside-Out Block	Ahneso Pahkero Mah Kee	Side Kick	Yup Cha Gee
Outside-In Block	Pahkeso Ahnero Mah Kee	Side Hook Kick	Yup Hurugi Cha Gee

10. How do you feel Tang Soo Do has helped you in your daily life?